

Investigation of Reactive α -Dicarbonyl Compounds Generated from the Maillard Reactions of L-Methionine with Reducing Sugars via Their Stable Quinoxaline Derivatives

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The formation of α -dicarbonyl compounds was investigated in methionine-catalyzed (Maillard reaction) thermal degradation of D-glucose, maltose, and dextrin 10 at three different pH values (3, 5, and 8). The α -dicarbonyl compounds were trapped as quinoxalines and could be quantified by HPLC and GC-MS. Formation of 1,4-dideoxypentodiulose from hexoses and disaccharides was evidenced for the first time. The use of L-methionine as the amino compound for the formation of 1,4-dideoxypentodiulose in model systems is explained. Furthermore, it could be shown that methionine has great effect on the formation of specific α -dicarbonyl compounds. At various pH values and also by application of mono-, di-, and oligosaccharides in all model reactions, 3-deoxyhexosulose and 1,4-dideoxypentodiulose were generated preferentially.

KEYWORDS: L-Methioninemethional; aroma; Maillard reaction; α -dicarbonyl compounds; 1,4-dideoxypentodiulose

INTRODUCTION

L-Methionine is an essential, proteinogenic amino acid for humans (1). L-Methionine is contained in many different foods; mainly it can be found in fish, meat, vegetables, egg, whole-grain bread, and rice. Furthermore, L-methionine is used in the flavor industry to produce aroma compounds, which smell like cooked potatoes, coffee, or roasted meat (2, 3). The contribution of L-methionine to flavoring proceeds predominantly through thermal degradation or as a consequence of thermal interactions with other food ingredients such as reducing sugars. Investigations about reactions between amino acids and α -dicarbonyl compounds showed that oxidative degradation of the amino acid occurs and the so-called Strecker aldehydes are generated (4). The Strecker aldehydes of specific amino acids especially from L-leucine, L-phenylalanine, and L-methionine, but also from L-valine, L-isoleucine, and L-alanine, are well-known for their significant odors. These aldehydes are formed in food also from reactions between α -dicarbonyl compounds and amino acids (5). In recent years investigations have corroborated that the Strecker aldehydes of these three amino acids, L-leucine, L-phenylalanine, and L-methionine, are key aromas of many thermally treated foods (6–8). Reactions between L-methionine and monosaccharides were studied by Tressl et al. (3) and Rijke et al. (9). Both groups identified 3-(methylthio)propylamine, methional, methanethiol, and acrolein as reactive intermediates that are responsible for most of the end-products occurring in the model systems. Yu and Ho analyzed the formation of various heterocycles, for example, pyrazines generated from the thermal reactions of L-methionine and L-methionine sulfoxide with or

without D-glucose (10). Yaylayan and Keyhani accomplished research about carbohydrate and amino acid degradation pathways in L-methionine/D-glucose model systems. They showed that D-glucose and L-methionine are precursors of thiofurans, thiopyrroles, and thiopyrazines, important compounds of meat aroma (11).

Although many investigations about the reaction of L-methionine with carbohydrates in thermally treated food and also in model systems were carried out, the role of specific α -dicarbonyl compounds is still unknown. Furthermore, it is ambiguous which of the multitude of reactive compounds arising from L-methionine in combination with carbohydrates generate the α -dicarbonyl compounds. The aim of this work is to gain deeper insights into the reaction between L-methionine and carbohydrates with respect to the formation of specific α -dicarbonyl compounds.

MATERIALS AND METHODS

Chemicals. The following chemicals were obtained commercially: D-glucose, D-fructose, maltose, sucrose, dextrin 10, L-methionine, 3-pentyn-1-ol, and ruthenium(IV)oxide hydrate were purchased from Fluka (Neu-Ulm, Germany); maltotriose, sodium periodate, 1,2-diaminobenzene, L-phenylalanine, L-alanine, γ -aminobutyric acid, L-leucine, L-cysteine, L-asparagine, and [$^{13}\text{C}_1$]-D-glucose were purchased from Aldrich (Steinheim, Germany). 1,2-Diaminobenzene was recrystallized twice from methanol.

Synthesis. (2*S*,3*R*)-1-(2-Quinoxaliny)-2,3,4-trihydroxybutane. 3-Deoxy-D-erythro-2-hexosulose (3-DG) was synthesized largely according to the method of Madson and Feather (12). Interception of 3-deoxy-D-erythro-2-hexosulose as stable (2*S*,3*R*)-1-(2-quinoxaliny)-2,3,4-trihydroxybutane was carried out according to the method of Glomb and Tschirnich (13).

GC-MS (3-DG-quinoxaline after acetylation): t_{R} , 27.99 min; m/z 360 (0.2%, M^+), 301 (7), 300 (9), 258 (12), 241 (49), 199 (33), 181 (24), 157 (34), 144 (100), 102 (11), 43 (89).

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(1*S*,2*R*)-1-(3-Methyl-2-quinoxaliny)-1,2,3-propanetriol (1-DG-quinoxaline) was prepared largely according to the method of Beck and Ledl (14) via the Amadori compounds.

GC-MS (1-DG-quinoxaline after acetylation): t_R , 24.38 min; m/z 360 (0.2%, M^+), 301 (4), 300 (4), 241 (18), 199 (51), 198 (12), 174 (100), 157 (5), 143 (23), 107 (22), 103 (9), 43 (96).

(1*R*,2*S*,3*R*)-1-(2-Quinoxaliny)-1,2,3,4-tetrahydroxybutane (glucosone-quinoxaline) was carried out according to the method of Morita et al. (15).

GC-MS (glucosone-quinoxaline after acetylation): t_R , 30.66 min; m/z 418 (0.2%, M^+), 359 (2), 358 (2), 299 (63), 257 (11), 215 (14), 213 (9), 202 (50), 196 (8), 160 (100), 143 (4), 129 (10), 115 (12), 102 (7), 43 (97).

(1*S*,2*R*)-1-(3-Methyl-2-quinoxaliny)-2,3-propanediol (1,4-DDH-quinoxaline) was prepared largely according to the method of Morita et al. (15).

GC-MS (1,4-DDH-quinoxaline after acetylation): t_R , 22.31 min; m/z 302 (0.2%, M^+), 243 (16), 242 (7), 183 (100), 171 (40), 158 (77), 143 (7), 117 (9), 102 (9).

(2*S*,3*R*)-1-(2-Quinoxaliny)-2,3-dihydroxypropane (3-DP-quinoxaline). This synthesis was performed as described by Hollnagel and Kroh (16).

GC-MS (3-DP-quinoxaline after acetylation): t_R , 21.28 min; m/z 288 (0.3%, M^+), 229 (5), 228 (4), 169 (42), 157 (24), 144 (37), 129 (3), 117 (4), 43 (100).

1,4-Dideoxypentodiulose (17, 19, 20). To a solution of 3-pentyn-1-ol (2 mL, 26 mmol) in $CHCl_3$ (60 mL) and MeCN (60 mL) was added $NaIO_4$ (12.84 g, 60 mmol) in H_2O (120 mL). The mixture was vigorously stirred, and $RuO_2 \cdot H_2O$ (120 mg, 0.79 mmol) was added. Stirring was continued for 15 min in the presence of air at ambient temperature. Then the reaction mixture was filtered through a pad of silica and rinsed with CH_2Cl_2 as the eluent. The solution was dried with Na_2SO_4 and concentrated in vacuo to give a yellow oil. Purification via flash chromatography on silica (EtOAc/pentane, 1:1) afforded pure 1,4-dideoxypentodiulose (2.02 g) in 67% yield.

1H NMR (400 MHz, $CDCl_3$): δ 1.45 (s, 2.5, $-CH_3$) + 2.34 (s, 0.5, $-CH_3$), 2.60 (m, 1.6, $-CH_2$) + 2.99 (m, 0.4, $-CH_2$), 3.92 (m, 0.4, $-CH_2$) + 4.24 (m, 1.6, $-CH_2$).

^{13}C NMR (75 MHz, $CDCl_3$): δ 21.3, 23.5, 33.6, 38.4, 57.3, 61.9, 96.5, 197.0, 198.4, 209.9.

(1*S*,2*R*)-1-(3-Methyl-2-quinoxaliny)-2-ethyl Alcohol. 1,4-Dideoxypentodiulose (200 mg, 1.72 mmol) and 1,2-diaminobenzene (167 mg, 1.55 mmol) were stirred for 30 min at 100 °C in an evacuated 5 mL flask. Purification via flash chromatography on silica (EtOAc/pentane, 1:1, EtOAc) afforded pure (1*S*,2*R*)-1-(3-methyl-2-quinoxaliny)-2-ethyl alcohol (313 mg) in 98% yield as a bright orange solid.

1H NMR (400 MHz, D_2O): δ 2.62 (s, 3, $-CH_3$), 3.12 (t, 2, $J = 6.8$ Hz, $-CH_2$), 3.98 (t, 2, $J = 6.8$ Hz, $-CH_2$), 7.70 (m, 2, Ar-H), 7.77 (m, 2, Ar-H).

^{13}C NMR (75 MHz, D_2O): δ 21.5, 37.2, 60.0, 126.7, 127.0, 129.7, 129.9, 139.3, 139.6, 154.3, 154.5.

GC-MS (1,4-DDP-quinoxaline after acetylation): t_R , 16.06 min; m/z 230 (0.2%, M^+), 188 (13), 187 (100), 169 (100), 159 (44), 158 (36), 144 (8), 117 (9), 77 (7).

Model Reactions. In a typical experiment an aqueous solution of carbohydrate (1 mmol) and amino acid (1 mmol) (L-methionine, L-phenylalanine, L-alanine, γ -aminobutyric acid, L-leucine, L-cysteine, L-asparagine) in 10 mL of H_2O was adjusted to a pH of 3 or 5 with 3 N HCl or to a pH of 8 with 3 N NaOH.

The model solutions were heated in sealed ampules at 100 ± 1 or 130 ± 1 °C for up to 300 min in a thermo block (Behr Labor Technik, behrotest ET2). After a defined reaction time, 500 μ L of the samples was trapped with 500 μ L of 0.05 M 1,2-diaminobenzene solution to intercept the α -dicarbonyls as quinoxalines. After 3 h at 25 °C, quinoxalines were analyzed by HPLC-DAD and GC-MS after acetylation. Values were expressed as the means of at least three independent determinations.

Model Reaction Diacetyl/Formaldehyde. In a typical experiment an aqueous solution of diacetyl (1 mmol) and formaldehyde (37%) (1 mmol) in 1.00 mL of H_2O was adjusted to a pH of 8. The model solution was stirred for 10 min at ambient temperature and then trapped with 1.00 mL of 0.05 M 1,2-diaminobenzene solution to intercept the α -dicarbonyls as quinoxalines.

Labeling Experiments. An aqueous solution of [^{13}C]-D-glucose (1 mmol) or [^{13}C]-D-glucose (1 mmol) and L-methionine (1 mmol) in 10 mL of H_2O was adjusted to a pH of 5. The model solution was heated in sealed ampules at 130 ± 1 °C for up to 120 min in a thermo block (Behr Labor Technik, behrotest ET2). Afterward, 500 μ L of the sample

was trapped with 500 μ L of 0.05 M 1,2-diaminobenzene solution to intercept the α -dicarbonyls as quinoxalines. After 3 h at 25 °C, quinoxalines were analyzed by HPLC-DAD and GC-MS after acetylation. The molecular ions (MS-EI) of labeled and unlabeled acetylated (1*S*,2*R*)-1-(3-methyl-2-quinoxaliny)-2-ethyl alcohol [230 (10, [M^+)]/231 (10, [M^+])] were used for the quantification.

Model Reaction Food Items. In a typical experiment 5.00 g of food sample was milled and roasted at 150/170 °C. After a defined time, the samples were derivatized for 30 min with 10 mL of 0.05 M 1,2-diaminobenzene solution, filtered, centrifuged at 6000 U, and analyzed by HPLC-DAD and GC-MS after acetylation.

Chromatography. Thin-layer chromatography (TLC) was performed on silica gel 60 F₂₅₄ plates (Merck, Darmstadt, Germany). Preparative column chromatography was performed on silica gel 60, 40–63 μ m (Merck). All solvents were of chromatographic grade.

Nuclear Magnetic Resonance Spectroscopy (NMR). NMR spectra were recorded on a Bruker AC 400 instrument (Rheinstetten, Germany). Chemical shifts are given in parts per million relative to residual non-deuterated solvent as an internal reference.

High-Performance Liquid Chromatography (HPLC-DAD) Instrumentation: degasser, Gegasys DG-13000 (Knauer); pump, Shimadzu LC-10 AT; thermostat, 30 °C, Shimadzu CT0-6A; guard column, Nucleosil 120-5 C18 Macherey-Nagel; column, Nucleosil 5 C18 (250 mm \times 4.6 mm); injection volume, 40 μ L; eluent, methanol/water gradient, 1 mL/min.

Gas Chromatography (GC-MS). The samples were extracted with *n*-butanol. The solvent was dried off, the residue was dissolved in toluene, and acetic anhydride was added (18). Gas chromatography instrumentation: Finnigan GCQ; capillary column, BPX 5 (SGE, 30 m, 0.25 mm i.d., 0.5 μ m film thickness); carrier gas, helium 4.6; detector, Finnigan Ion Trap Mass Analyzer GCQ; injection temperature, 270 °C; split 1:10; temperature program, initial temperature, 95 °C, held for 1 min, raised from 95 to 200 °C at 15 °C/min, 200 °C held for 1 min, raised from 200 to 280 °C at 3 °C/min, 280 °C held for 5 min, raised from 280 to 300 °C at 5 °C/min, 300 °C held for 5 min. Column effluents were analyzed by selected ion monitoring (SIM). Quantification was carried out by comparison of peak areas obtained in the TIC with those of standard solutions containing amounts of pure authentic reference compounds.

RESULTS AND DISCUSSION

Various studies concerning the relevance of L-methionine in thermally treated food have been performed to date. It is well-known that by thermal treatment of L-methionine both in the absence or in the presence of carbohydrate/dicarbonyl compound one of the main products is methional (10). Many investigations have been accomplished, although only limited information about the reaction pathways of the carbohydrate compounds in these model systems is available. Does the formation of specific α -dicarbonyl compounds depend on the presence of L-methionine, or is there no specific influence by the amino acid? Furthermore, the interest is directed toward the use of different carbohydrates. D-Glucose was used as a typical monosaccharide in food, maltose as an agent for disaccharides, and dextrin 10 as an agent for oligosaccharides, which showed in previous works that reaction behavior is different compared to monosaccharides (16).

Within this work various model reactions with different carbohydrates (mono-, di-, and oligosaccharides) and the amino acid L-methionine were performed in aqueous solutions (starting with pH 3, 5, and 8). The samples were heated in sealed ampules at 130 °C for a defined time and then treated with 0.5 M 1,2-diaminobenzene solution to trap the arising α -dicarbonyl compounds as stable, measurable quinoxalines (16).

In line with our investigations with L-methionine as amino component, an unidentified peak could be found in the HPLC chromatogram, which showed the typical UV spectrum of a quinoxaline (Figure 1).

Remarkably, this unknown component is only generated in the model system with L-methionine as the amino compound and

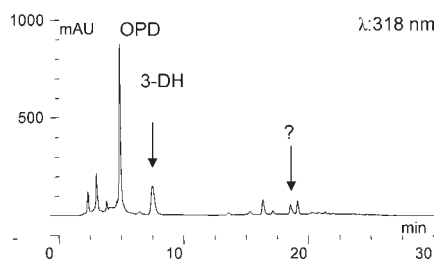


Figure 1. HPLC chromatogram of a glucose/L-methionine model system.

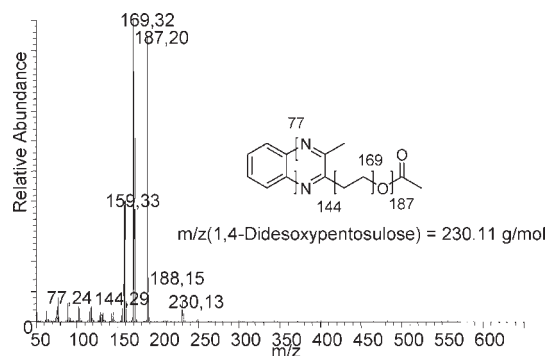


Figure 2. GC-MS spectrum (SIM-MS) of the acetylated quinoxaline of 1,4-dideoxypentodiulose.

with no other amino acid, that is, L-phenylalanine, L-leucine, L-asparagine, L-cysteine, or glycine.

It is a crucial point why this unknown α -dicarbonyl compound is formed only in the presence of L-methionine and what the structure is about. When the chromatographical retention time of this quinoxaline is compared with the established quinoxalines, it becomes clear that this component must be more nonpolar than the quinoxaline of 3-deoxyhexosulose and more polar than the quinoxaline of methylglyoxal. To obtain more information about the structure, the samples were acetylated and then measured as acetylated quinoxalines by GC-MS.

All quinoxalines show the same typical mass fragments of m/z 144, 117, and 77, which are caused by the quinoxaline skeleton (Figure 2). Thus, the task consisted of searching for more substances in the GC spectrum that show these typical fragments and that have retention indices in accord with the results from the HPLC. Such a substance, eluting on the GC column at 16.06 min, could be found with a m/z ratio from 230. With regard to the appropriated fragmentation and its retention indices, the unknown dicarbonyl was posited to be 1,4-dideoxypentodiulose. For confirmation of the proposed structure 1,4-dideoxypentodiulose was synthesized in one step. Various syntheses have been described by de Kimpe et al. (19, 20), but they are all more complicated.

The oxidation of 3-pentyn-1-ol with NaIO_4 and $\text{RuO}_2 \cdot \text{H}_2\text{O}$ as catalyst afforded 1,4-dideoxypentodiulose in pure form in 67% yield. In a next step the α -dicarbonyl was trapped with 1,2-diaminobenzene to yield the stable, measurable quinoxaline in nearly quantitative yield of 98% (Figure 3).

Comparison of the synthesized dicarbonyl compound with the model systems revealed that the new compound is actually 1,4-dideoxypentodiulose (Figure 4).

To investigate the differences in reaction between mono- and oligosaccharides, the reaction behavior of D-glucose with L-methionine was investigated thoroughly. The reactions were performed at various pH values (3, 5, and 8). Noticeably, independent from the pH value the formation of 3-deoxyhexosulose and 1,4-dideoxypentodiulose

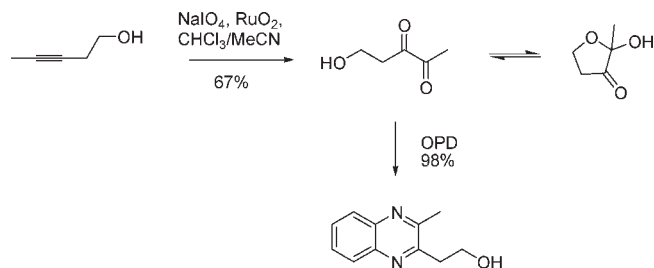


Figure 3. Synthesis of 1,4-dideoxypentodiulose and its quinoxaline.

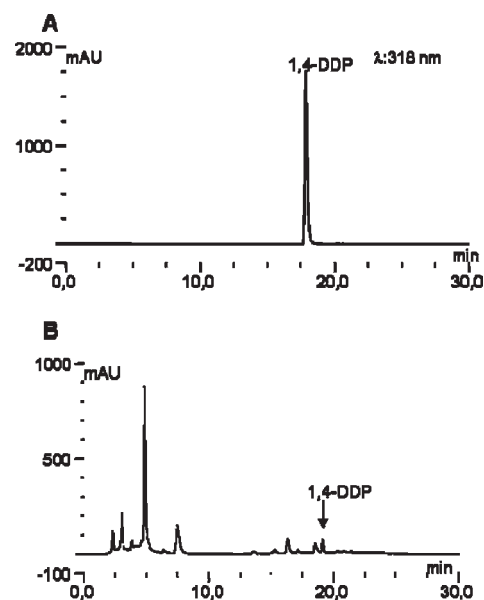


Figure 4. HPLC chromatogram of the synthesized new quinoxaline (A) and of the model system D-glucose/L-methionine, at 130 °C and with 60 min of thermal treatment (B).

Table 1. Influence of Carbohydrate and pH Value on the Formation of α -Dicarbonyl Compounds (Milligrams per Liter) in Model Systems from L-Methionine/Carbohydrate at 130 °C after 180 min

	D-glucose			maltose			dextrin10		
	pH 3	pH 5	pH 8	pH 3	pH 5	pH 8	pH 3	pH 5	pH 8
glucoson	0	0	0	0	0	0	0	0	0
1-DH	0	0	1.9	0	6.9	36.7	0	0	7.5
3-DH	40.1	32.8	27.3	8.2	15.6	19.6	10.3	15.3	15.9
3-DP	0	0	0	0	0	4.4	0	0	0
1,4-DDH	0	0	0	0	0	0	0.5	0.8	0
glyoxal	0.2	0.7	0.5	0	0.3	0.4	0.1	0	0
1,4-DDP	6.8	7.4	2.4	0.1	4.3	4.7	0.7	7.4	3.9
methylglyoxal	0	0	2.0	0	0	0.4	0	0	1.9
diacetyl	0	0	1.1	0	0	0.9	0	0	1.1

is predominant (Table 1). That is not the case when using other amino compounds (16, 21).

The higher amount of 3-deoxyhexosulose at acidic pH values is in accordance with the literature, whereby the formation of 3-deoxyhexosulose is preferred (Figure 5) (5).

At a pH of 8 1-deoxy-2,3-hexodiulose, glyoxal, methylglyoxal, and diacetyl were formed in addition. 1,4-Dideoxypentodiulose arose just like 3-deoxyhexosulose at an acidic pH value in higher amounts than in alkaline values (Figure 6).

From the given standard reference quinoxalines, 3-deoxyhexosulose and 1,4-dideoxypentodiulose were also dominant α -dicarbonyl compounds in model reactions with maltose. Using maltose

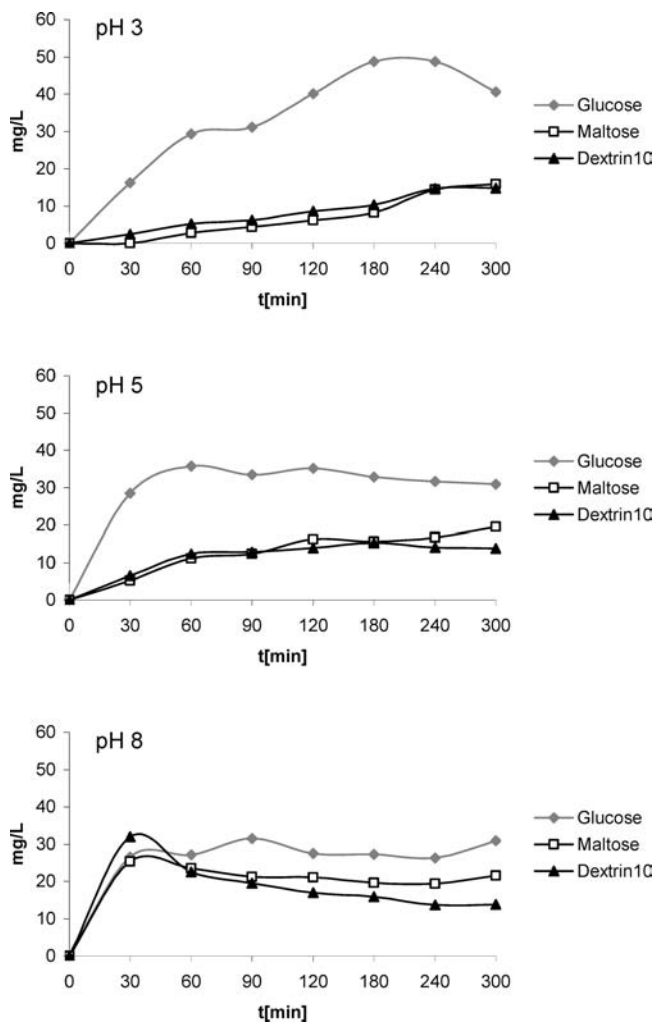


Figure 5. Formation of 3-deoxyhexosulose (3-DH) from D-glucose, maltose, and dextrin10 with L-methionine at pH 3, 5, and 8 and 130 °C over a 300 min time period.

as carbohydrate compound the percentage of these two α -dicarbonyl compounds differs from D-glucose model systems under various pH values (see **Figures 5** and **6**). Whereas at a pH of 3 after 300 min 17 mg/L 3-deoxyhexosulose was produced, at a pH of 8 25 mg/L was generated. Thus, in this case formation of 3-deoxyhexosulose is preferred at alkaline pH values. Furthermore, 1-deoxy-2,3-hexodiulose (the dominant α -dicarbonyl compound in this reaction), 3-deoxypentodiulose, 1,4-dideoxyhexodiulose, glyoxal, and diacetyl were formed at a pH of 8. 1,4-Dideoxypentodiulose arose from maltose at a pH of 3 in low concentrations compared to D-glucose. At a pH of 8 the ratio is reversed; maltose forms 6 mg/L 1,4-dideoxypentodiulose, D-glucose only 4 mg/L. The behavior of dextrin 10 in model systems with L-methionine is similar to that of the disaccharide maltose (see **Figures 5** and **6**). 3-Deoxyhexosulose is generated at a pH of 3, 5, and also 8 in nearly equal concentrations. After 300 min of thermal treatment, about 12 mg/L of 3-deoxyhexosulose could be detected. At pH values of 3 and 5 1,4-dideoxy-2,3-hexodiulose is formed and additionally 3-deoxyhexosulose and 1,4-dideoxypentodiulose are formed in small amounts. At a pH of 8 1-deoxy-2,3-hexodiulose, 3-deoxypentodiulose, glyoxal, methylglyoxal, and diacetyl were produced as well.

1,4-Dideoxypentodiulose shows the same behavior in its formation as in the model system maltose/L-methionine. At a pH of 3, 2 mg/L was produced after 300 min; at a pH of 5 or 8, 5 mg/L was formed.

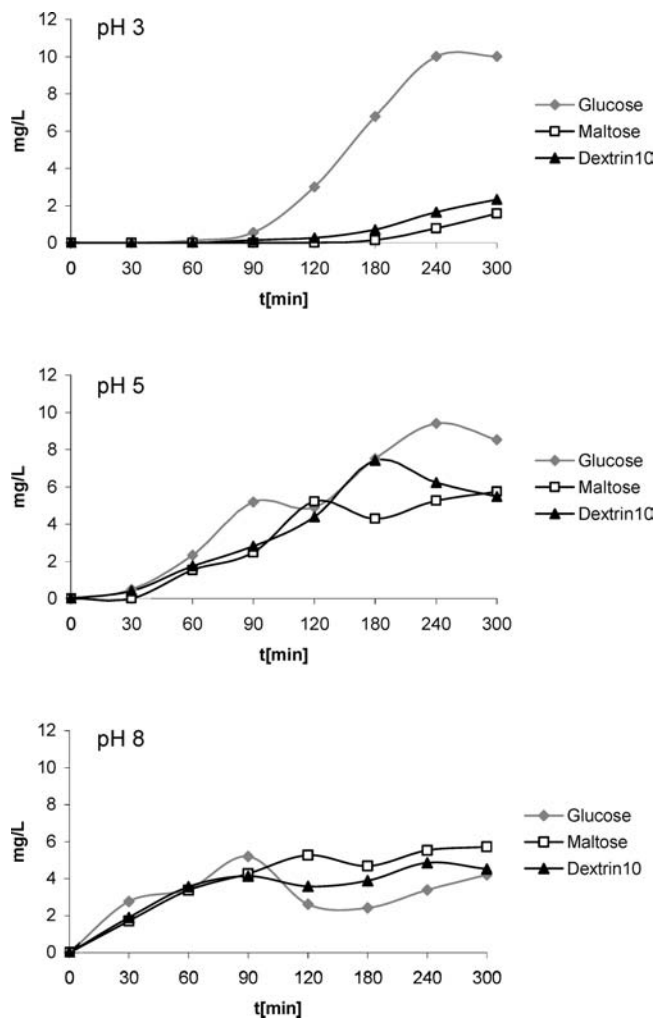


Figure 6. Formation of 1,4-dideoxypentodiulose (1,4-DDP) from D-glucose, maltose, and dextrin 10 with L-methionine at pH 3, 5, and 8 and 130 °C over a 300 min time period.

By comparison of the formation of the α -dicarbonyl compounds in dependence on the carbohydrates, it becomes clear that by using D-glucose the formation of 3-deoxyhexosulose and 1,4-dideoxypentodiulose is preferred. Using the disaccharide maltose or oligosaccharides such as dextrin 10 no pH dependence of the formation of 3-deoxyhexosulose can be detected (22). The generation of 1,4-dideoxypentodiulose is favored at pH values of 5 and 8.

The experiments also show that there is a difference between the formation of 3-deoxyhexosulose and the formation of 1,4-dideoxypentodiulose. Whereas the concentration of 3-deoxyhexosulose arises directly, 1,4-dideoxypentodiulose is formed in higher amounts not before 90 min.

Now the question arises: which role does 1,4-dideoxypentodiulose play in methionine-containing food? Does it influence the aroma properties itself, or does it generate resulting products, which form intensive, characteristic aroma compounds? In real food samples 1,4-dideoxypentodiulose was generated: sunflower seeds, roasted for 15 min at 170 °C, yielded 1.76 mg/kg, and in cashews, 1.4 mg/kg was formed (**Figure 7**).

The well-known aroma compound 2,3-pentanedione could be formed from 1,4-dideoxypentodiulose by water elimination as reported by Weenen et al. (23). 2,3-Pentanedione has aroma properties similar to those of diacetyl and provides a buttery aroma. It is formed in addition to diacetyl, for example, during

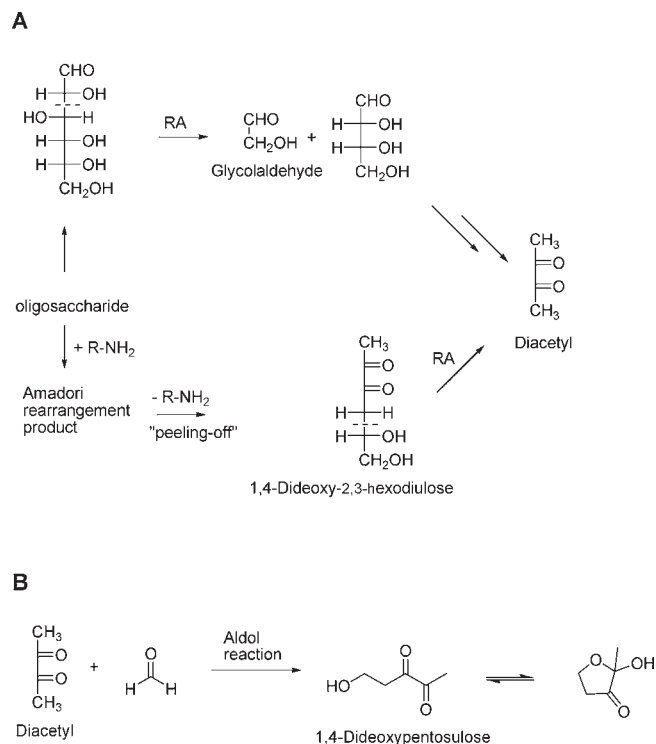


Figure 9. Generation of diacetyl from oligosaccharides via two different formation pathways: **(A)** pathway via glycosidic cleavage and retro-Aldol reaction of D -glucose; **(B)** pathway via the peeling-off mechanism and retro-Aldol reaction of 1,4-dideoxy-2,3-hexodiulose. Subsequent Aldol reaction of diacetyl with formaldehyde yields 1,4-dideoxypentodiulose **(B)**.

Table 2. Amounts of 1,4-Dideoxypentodiulose Generated upon Heating of a Glucose/*L*-Methionine, [$^{13}\text{C}_1$]Glucose/*L*-Methionine, or [^{13}C]Glucose/*L*-Methionine Model System

α -dicarbonyl isotopomer	yield (mg/L)
1,4-dideoxypentodiulose	5.6
[$^{13}\text{C}_1$]-1,4-dideoxypentodiulose	not detectable
[$^{13}\text{C}_{1-4}$]-1,4-dideoxypentodiulose	5.4

can react in an alternative route to Amadori products, and via the peeling-off mechanism 1,4-dideoxy-2,3-hexodiulose is formed and hence, by retro-Aldol cleavage, diacetyl (16). For reassurance of the postulated mechanism diacetyl (1 mmol) and formaldehyde (1 mmol) were dissolved in water (1 mL) and stirred for 10 min at a pH of 8 at ambient temperature. After 10 min, the reaction mixture was trapped with 1 mL of 0.05 M 1,2-diaminobenzene solution to yield the quinoxaline of 1,4-dideoxypentodiulose.

To confirm these results, the following experiment was performed: Isotopically labeled [$^{13}\text{C}_1$]- D -glucose or [^{13}C]- D -glucose was added to an aqueous solution of *L*-methionine. The reaction was started and, after thermal treatment for 120 min, the amounts of unlabeled 1,4-dideoxypentodiulose, which was expected to be formed, as well as [$^{13}\text{C}_1$]-1,4-dideoxypentodiulose, formed only via another reaction pathway, and [$^{13}\text{C}_{1-4}$]-1,4-dideoxypentodiulose should be quantified. As shown in **Table 2**, 1,4-dideoxypentodiulose and [$^{13}\text{C}_{1-4}$]-1,4-dideoxypentodiulose were formed in high amounts, whereas the [$^{13}\text{C}_1$]-labeled compound was not detectable. This result supports the hypothesis that 1,4-dideoxypentodiulose is formed via an Aldol reaction from diacetyl and formaldehyde during the thermal treatment of D -glucose/*L*-methionine model systems.

This work points out that *L*-methionine has a great effect on the formation of specific α -dicarbonyl compounds. At various pH

values and also by the application of mono-, di-, and oligosaccharides in all model reactions 3-deoxyhexosulose and 1,4-dideoxypentodiulose were generated preferentially. The identity was unequivocally confirmed by chemical synthesis of 1,4-dideoxypentodiulose and its quinoxaline. Formation of 1,4-dideoxypentodiulose from hexoses was evidenced the first time and could be quantified. Furthermore, we could show a new reaction pathway for α -dicarbonyl compounds in the Maillard reaction via Aldol condensation.

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